

GENERALI MARATÓN Y GENERALI MEDIA MARATÓN DE MÁLAGA

RUNNER'S GUIDE

SUNDAY 15 DECEMBRE 2024

generalimaratonmalaga.com

EN LA
VIDA
COMO EN EL
DEPORTE,



GENERALI

MARATÓN

MÁLAGA



VALORES

15 DICIEMBRE 2024



WWW.GENERALIMARATONMALAGA.COM



GENERALI

SCHEDULES



FRIDAY 13 DECEMBER

TIME	EVENT	PLACE
10:00 to 20:00 h.	Zona Expo y recogida de dorsales	Puerto de Málaga Terminal de Cruceros

SATURDAY 14 DECEMBER

HORA	EVENT	PLACE
10:00 to 20:00 h.	Expo area and bib collection	Puerto de Málaga Terminal de Cruceros
11:00 to 12:00 h.	Brunch Run GENERALI Marathon Málaga	Dique de Levante
12:00 to 13:00 h.	Kids Race GENERALI Marathon Málaga	Dique de Levante

SUNDAY 15 DECEMBER

HORA	EVENT	PLACE
7:30 to 8:20 h.	Opening of cloakroom for storage of belongings	Inmediaciones plaza de Toros
7:45 to 8:20 h.	Opening of the exit drawers Malaga Marathon	Paseo del Parque, in front of Rectorado de la Universidad de Málaga
At 8:30 h.	Start of the Generali Marathon and Generali Half Marathon Malaga	Paseo del Parque, in front of Ayuntamiento de Málaga
At 10:45 h.	Closing of the GENERALI Media Maratón Málaga	Avenida Cánovas del Castillo Hospital Noble
At 4:00 h.	Closing of the GENERALI Marathon de Málaga	Paseo del Parque, in front of al Ayuntamiento de Málaga

SPONSORS



GENERALI

málaga



Ciudad
de Málaga



renfe



COLLABORATORS



VITAMIN
WELL



RUNNEA



BIB NUMBERS



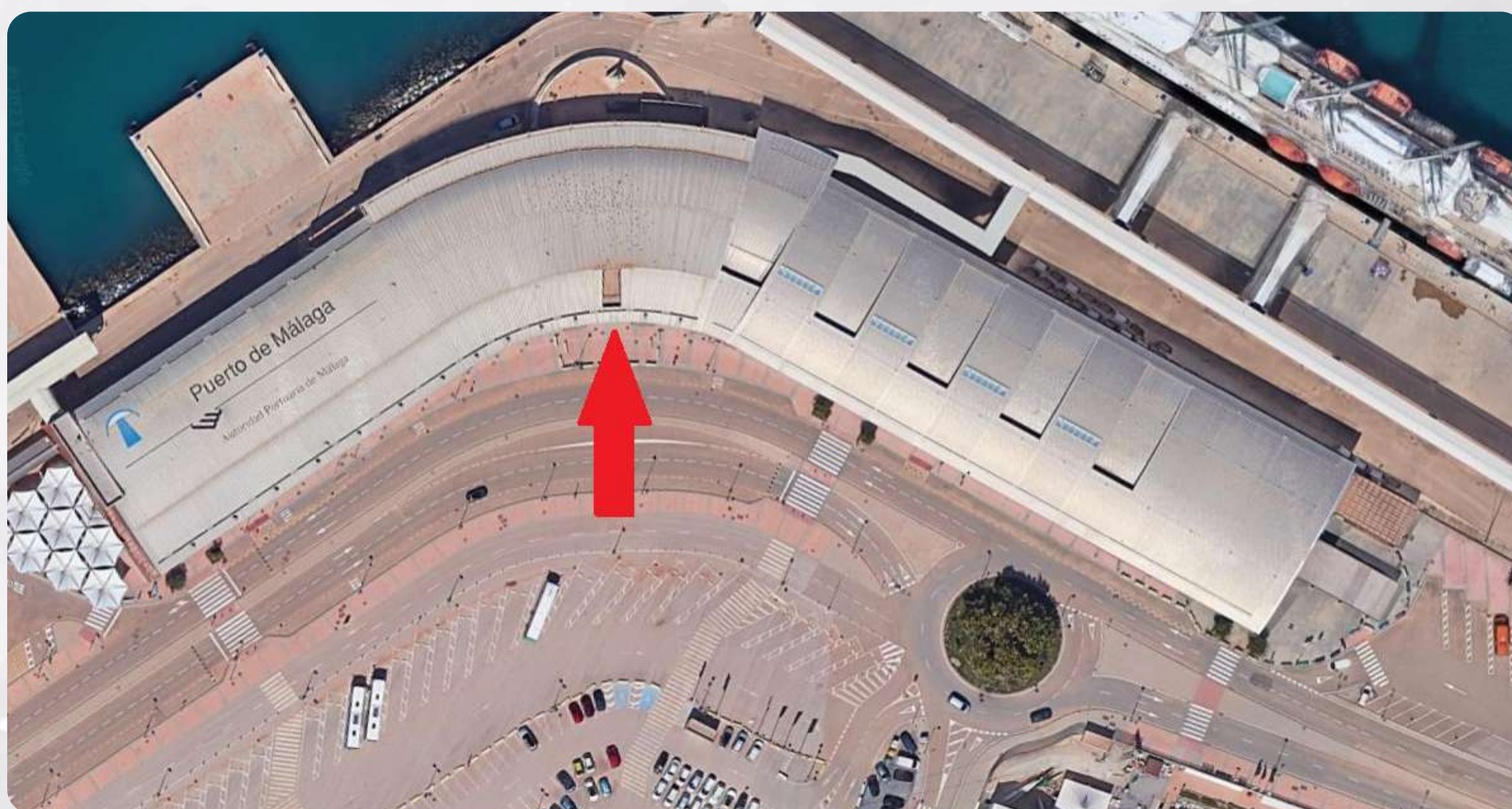
MARATHON EXPO
IN PUERTO DE MÁLAGA - CRUISE TERMINAL,
PASEO DE LEVANTE 29016, MÁLAGA.



DECEMBER



13 DECEMBER 10:00 TO 20:00H.
14 DECEMBER 10:00 TO 20:00H.



TO COLLECT THE BIB NUMBER:

- It is compulsory **to collect your bib numbers at the above-mentioned timetable.**
- Identifying yourself by means of your **ID card or passport.**
- Under no circumstances may bib numbers be collected on the day of the race.**
- If you are unable to collect your bib number in person, **it can be collected by a third person with an authorisation signed**, as well as the necessary documentation (photocopy of the runner's ID card and proof of registration).

START



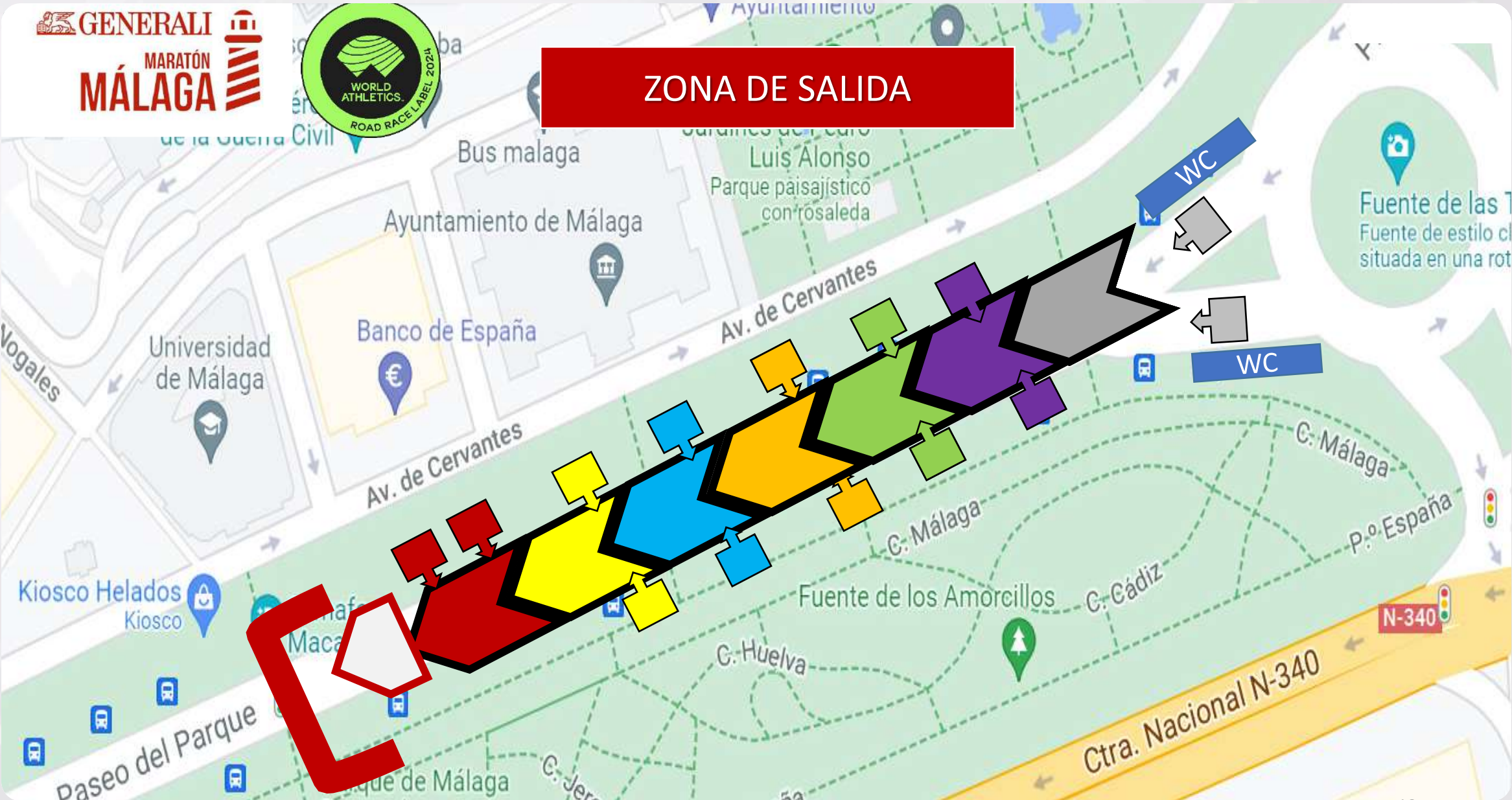
8:30



PASEO DEL PARQUE

ACCESS TO EXIT DRAWERS

It is recommended to arrive at the box area well in advance.

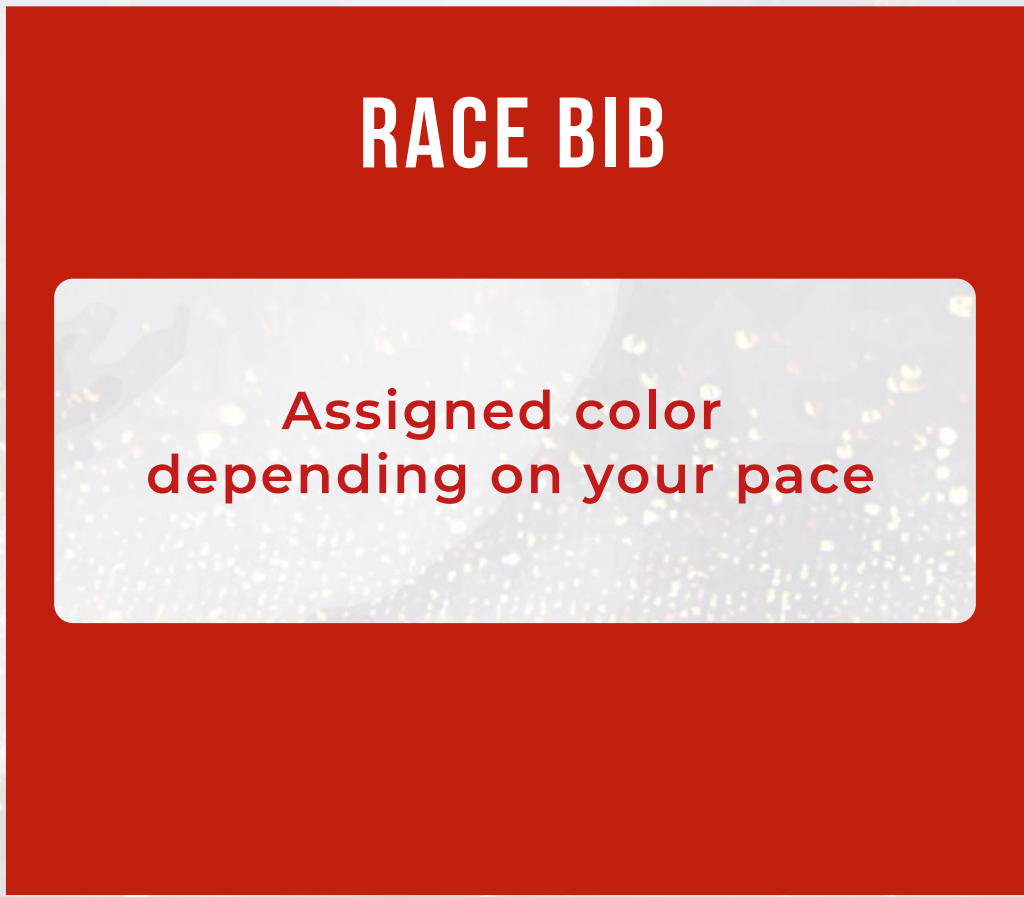


7:45 TO 8:20



PASEO DEL PARQUE
(FROM BOTH SIDES)

Each runner will enter their corresponding starting box, depending on the colour of their race bib:

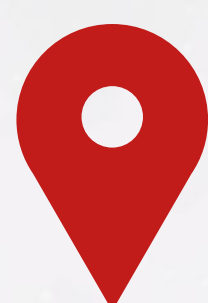


The time limit for finishing the race is set at **14:00 h.**, with a maximum time of **5h 30min.** from the initial starting gun.

FINISH LINE



FINISH LINE GENERALI MÁLAGA MARATHON



PASEO DEL PARQUE

IN FRONT OF THE RECTORADO UNIVERSIDAD MÁLAGA
(COINCIDING WITH THE STARTING AREA).

At the finish line, runners will receive their commemorative **medal** after the end of the race. finish the race, as well as a fisiotherapy refreshment service, which will be at the roundabout. which will be at the traffic circle.



FINISH LINE GENERALI MÁLAGA HALF MARATHON



AVENIDA CÁNOVAS DEL CASTILLO

The runners will then **walk to the post-finish area, located in front of the "Hospital Noble"**



We ask runners not to remain in the finish area due to the large number of participants. We recommend that you go to the cloakroom area to collect your belongings and avoid crowds.

We remind you that, for security and logistical reasons, the finishing area will only be open to participating runners.

CLOACKROOM



THE VICINITY OF THE BULLRING.
PASEO DE REDING



7:30-8:20 TO LEAVE BELONGINGS.



9:45-15:00 TO COLLECT BELONGINGS



INSTRUCTIONS

- One bag per runner** may be deposited.
- No suitcases or bulky luggage will be accepted** (max. 5kg)
- Each participant will be given an **adhesive sticker** when collecting their bib number.
- Runners must identify their bag with this sticker**, handing it over to our volunteers with their identification.
- To collect your bag** from the cloakroom it will be compulsory to **present your race bib**.
- It is not recommended to put delicate or valuable objects in the bag, the organisation will not be responsible for the loss or damage** that these objects may suffer due to the manipulation to which the bags are subjected by our volunteer corps.

HOW TO ARRIVE TO THE START

EMT BUS

The **Empresa Malagueña de Transportes (EMT)** offers **45 bus lines with an average frequency of 10-15 minutes.**

Their timetables can be consulted at the following link: **Timetables and lines of the EMT Malaga (city bus).**

All runners will receive 2 return tickets with their race bib, to be used on 10 December 2023, **from 6:00am to 6:00pm** (valid on all EMT lines except at the airport).

HOW TO ARRIVE TO THE RUNNER'S EXPO

City Sightseeing Malaga makes available to all runners its **spectacular bus** in a direct route from the vicinity of the Centre Pompidou and the Cruise Terminal of the Port of Malaga.

This service will be provided **every 30 minutes** throughout the duration of the Runner's Fair:



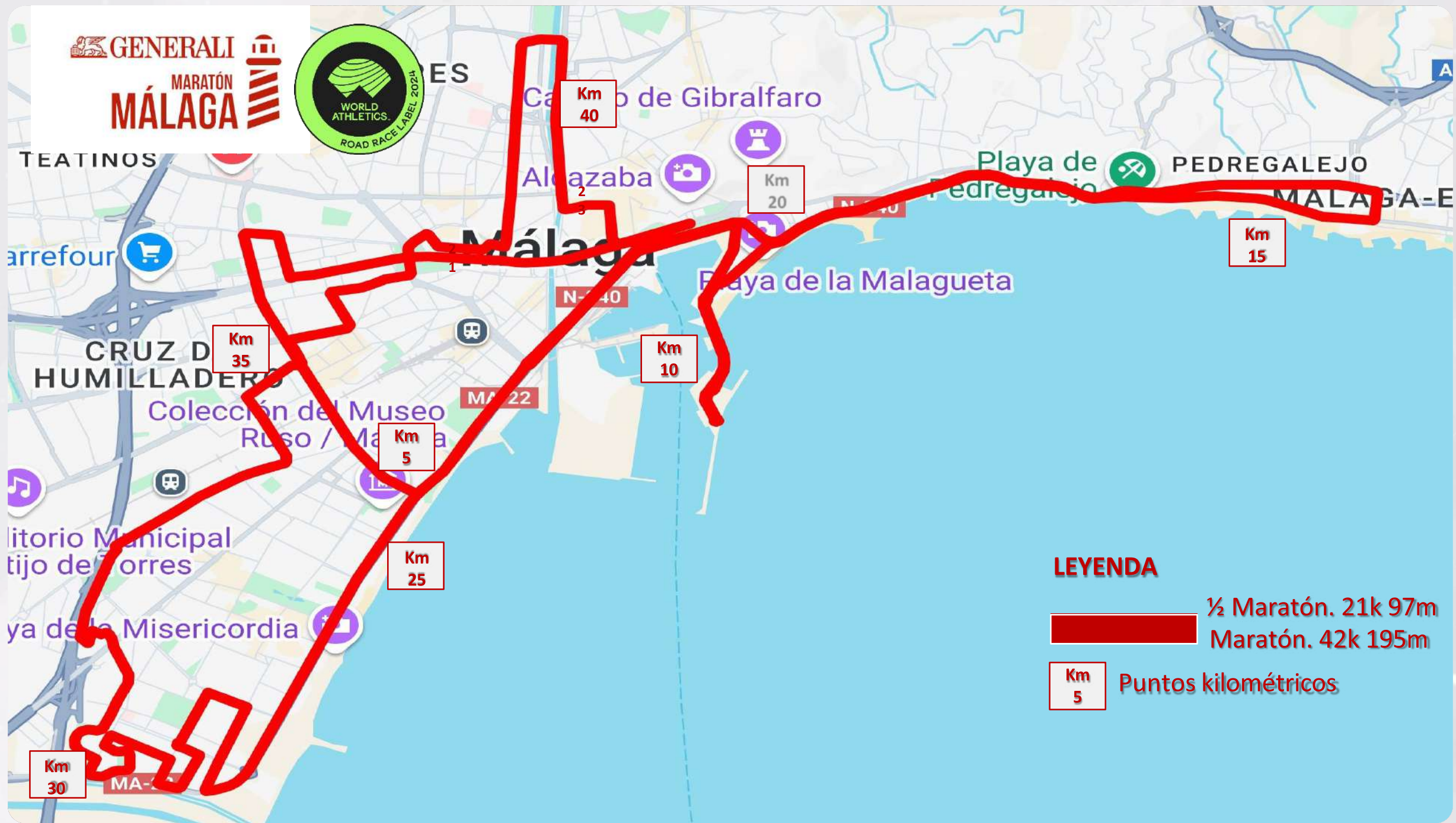
DECEMBER



13 DECEMBER 10:00 TO 20:00H.
14 DECEMBER 10:00 TO 20:00H.

We urge all runners not to use their private cars to attend the Runner's Expo.

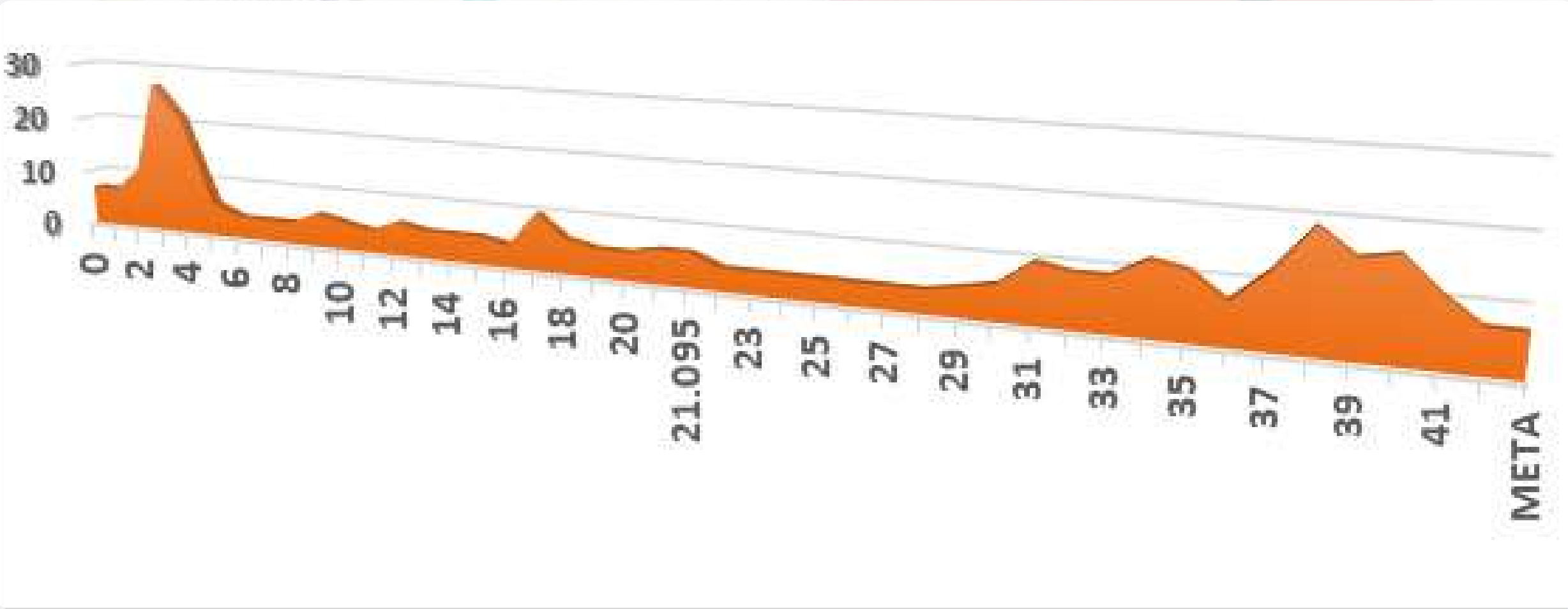
ROUTE



Human resources, volunteers, local police, civil protection, as well as material resources, cones, fences, signs and blue markings on the road will be used to indicate the athletes and their transit

You can see the video map there.

ALTIMETRY

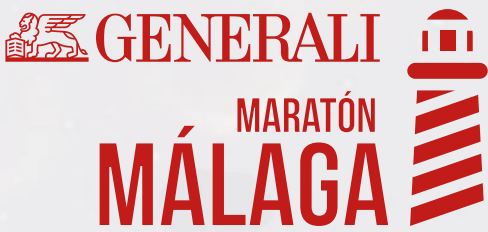


STREET MAP



KM	STREET
START	Paso del Parque
	Alameda Principal
1	Puente de Tetuán
2	Avenida de Andalucía
3	Calle Virgen de la Esperanza
	Avenida Obispo Ángel Herrera Oria
4	Calle Virgen de la Cabeza
	Túnel (debajo Avenida Andalucía
5	Avenida Juan XXIII
	Calle Abogado Federico Orellana
	Calle Princesas
6	Paseo Marítimo Antonio Machado (carriles centrales, viales norte)
7	Rotonda Paseo Marítimo Antonio Machado y Arquitecto JM Guernica
8	Avenida Manuel Agustín Heredia
	Paseo de los Curas
9	Paseo de la Farola
	Rotonda de la Farola
10	Dique de Levante Sentido Sur
	Terminal de Cruceros
11	Dique de levante Sentido Norte
12	Paseo Marítimo Ciudad de Melilla
13	Paseo Marítimo Pablo Ruiz Picasso (sentido este)
14	Paseo Marítimo Pablo Ruiz Picasso (sentido este)
15	Calle Bolivia
16	Calle Bolivia
	Avenida Salvador Allende
	Calle Escultor Marín Higüero

STREET MAP



KM	STREET
17	Avenida Juan Sebastián El Cano
18	Avenida Juan Sebastián El Cano
	Avenida Pintor Joaquín Sorolla
19	Paseo Marítimo Pablo Ruiz Picasso (sentido oeste)
20	Paseo Marítimo Pablo Ruiz Picasso
21	Avenida Cánovas del Castillo
	Paseo de los Curas
	Paseo de los Curas con Plaza de la Marina
22	Avenida Manuel Agustín Heredia
23	Rotonda Paseo Marítimo Antonio Machado y Arquitecto JM Guernica
24	Paseo Antonio Machado (sentido oeste, carriles centrales, viales norte)
25	Calle Pacífico
26	Calle Pacífico
	Calle Pacífico - Rotonda Sacaba
27	Avenida Manuel Alvar
	Avenida Manuel Alvar (carril auxiliar)
	Calle de la Térmica
28	Avenida de Moliere
	Calle Unión Mercantil
	Avenida Imperio Argentina
	Calle Sin Nombre
29	Avenida Manuel Alvar
	Calle Marilyn Monroe
	Avenida Alicia Larrocha
	Calle Miguel Mérida Nicolich (sentido oeste)
30	Estadio Atletismo
	Avenida Manuel Alvar

STREET MAP



KM	STREET
31	Calle Miguel Mérida Nicolich (sentido este)
	Calle Periodista Paco Rengel
	Calle Montejaque
	Calle Montejaque (rotonda centro comercial)
	Calle Villanueva de la Concepción
32	Cruce inferior N-340
	Calle Albán Berg
	Calle Eduardo Todrá
	Avda. Isaac Peral
	Calle Gregorio Allegri
33	Calle Horacio Quiroga
	Avenida Europa
34	Avenida Europa
	Calle Sillita de la Reina
	Calle del Gallo
35	Calle Ceramistas
	Camino San Rafael
	Avenida Juan XXIII (sentido norte)
	Avenida José Ortega y Gasset
	Calle Conde de la Guadalhorce
36	Avenida de la Aurora
	Puente de las Américas
	Calle Hilera
	Calle Compositor Lemberg Ruiz
	Calle Armengual de la Mota
38	Calle Jaboneros
	Calle Don Juan de Austria

STREET MAP



KM	STREET
39	Avenida Doctor Marñón
	Avenida Luis Buñel
	Avenida Jorge Silvela
40	Calle Huerto de los Claveles
	Avenida de la Rosaleda
	Pasillo Santa Isabel
	Calle Cisneros
	Calle Eapecerías
41	PLaza de la Constitución
	Calle Larios
	Plaza de la Marina
42	Paseo del Parque
FINISH LINE	Paseo del Parque

MEDICAL SERVICES



The six points of attention in the race will be distributed at **kilometers 15, 30, 35 and 39** and also at the **start/finish point**, where the field hospital and medical at kilometers **15, 30, 35 and 39** and also at the start/finish point, where the field **hospital and medicalized ambulances will be located**. From these devices, the medical services will be able to quickly. The medical services will be able to quickly attend any mishap that may occur to the participants of the race, as well as to the public attending the event.



At the start/finish area and during the race, we also offer fisiotherapy services for our participants fisiotherapy services for our participants.

As a complementary service, **Sos Cardiosport and civil protection will also watch over the will also watch over the well-being of the runners of the GENERALI Malaga Marathon** with their mobile medical assistance teams, moving along the course.

In addition, the city of **Malaga has an important network of automatic defibrillators**, with the aim of achieving a cardio-protected city. The organization of the GENERALI Malaga Marathon has prepared this table with the devices closest to the circuit:

DEA IN THE CITY OF MALAGA THAT COINCIDEOR ARE CLOSE CIRCUIT

KM	ADDRESS	INDICATIONS
0.7	Alameda Principal	Archivo municipal, garita de seguridad
1.1	Avenida Andalucía	Avenida Andalucía nº4, Esquina Corte Inglés con Hacienda

MEDICAL SERVICES



KM	ADDRESS	INDICATIONS
1.3	Armengual de la Mota	Calle Armengual de la Monta nº 1
3.5	Avenida Virgen de la Cabeza	Vestíbulo estación de Metro Carranque
4.5	Avenida Juan XXIII	Vestíbulo estación Metro Barbearla
5.5	Calle Princesa	Vestíbulo estación Princesas-Huelin
7.5	Paseo Antonio Machado	Columna DEA 12, frente a la Playa
7.8	Avenida Manuel A. Heredia	Centro de salud Alameda- Perchel
8.2	Paseo de los Curas	Columna DEA 15 junto entrada principal puerto de Málaga
9.7	Paseo de la Farola	Tienda Club Mediterráneo
10.5	Dique de Levante	Marina Club Mediterráneo
11.9	Paseo Ciudad de Melilla	Nº 10 (Columna DEA 11)
12.4	Paseo M. Pablo Ruiz Picasso	Frente al Nº 2 (DEA 06)
14.5	Paseo M. Pablo Ruiz Picasso	Zona de Musculación el Morlaco (DEA 13)
16.8	Avenida JS EL Cano	Panadería Salvador, entrada
19.5	Paseo M. Pablo Ruiz Picasso	Zona de Musculación el Morlaco (DEA 13)
28.5	Estadio Ciudad de Málaga	Interior
29	Palacio Deportes Martín Carpena	Interior
34.4	Rotonda Cruz Humilladero	Parking, cabina de control
36.1	Armengual de la Mota	Calle Armengual de la Monta nº 1
37.4	Avenida Doctor Marañón	Central de Bomberos, entrada
39.8	Calle Ollerías	Centro cultural María Victoria. Consejería
40.4	Plaza de la Merced	Parking Alcazaba, primera planta
40.7	Calle Alcazabilla	Entrada Alcazaba Málaga, recepción
40.9	Molina Lario	Molina Lario con Plaza del Obispo. Columna DEA03

MEDICAL SERVICES



KM	ADDRESS	INDICATIONS
41.1	Plaza del Carbón	Calle Granda N° 23
41.3	Plaza de la Constitución	Columna DEA09
41.8	Calle Larios	Plaza de la Marina (Columna DEA 01)

REFRESHMENTS

The refreshment areas and the exact kilometre points at which they are located are as follows:

PK	ADDRESS	TYPE
5	Calle Princesas 27 (5.4)	Water
10	P° La Farola. Dique de Levante, sentido Norte (10.6)	Water
15	Calle Bolivia 60 (15.2)	Compound Water, Isotonic, Fruit
17,5	Av. Juan Sebastián Elcano 86 (17.5)	Water
21,5	Paseo de los Curas	Compound Water, Isotonic, Fruit
25	Calle Pacífico (24.5)	Compound Water, Isotonic, Fruit
27,5	Calle Camino de la Térmica	Water
30	Calle Periodista Paco Rengel	Compound Water, Isotonic, Fruit
32,5	Calle Horacio Quiroga	Water
35	Calle Sillita de la Reina	Compound Water, Isotonic, Fruit
37,5	Calle Compositor Lemberg Ruiz	Water
40	Calle Huerto de los Claveles	Water

REFRESHMENTS



We remind you that the refreshment areas, as well as all the race services, **are only available to runners participating in the GENERALI Malaga Marathon or GENERALI Malaga Half Marathon with a number bib.**



The volunteers in charge of this work will be identified, both with their clothing as well as with recognizable signs to the rest of the participants.

PACEMARKERS

The organization provides the participants with pacemakers runners at a suitable pace to be able to complete the course.

The times set by these athletes will be:

3h, 3:15h, 3:30h, 3:45h, 4h, 4:15h and 4:30h. and who will also meet the half marathon paces of **1:30h; 1:37h; 1:45h, 1:52h, 2h, 2:07h, 2:15h** according to the corresponding pace.

The athletes in charge of this task will be identified, both with their clothing as well as with signs recognizable to the rest of the participants.

TOILETS

The organisers have **WC's available for participants at the start/finish area, as well as at all refreshment points.**

CONTROL CLOSURE



There is a closing time for the control of the race, set at 14:00 hours, this being the official maximum time limit for completing the course, regardless of the start time taken.

The control of the event shall be closed according to the following table, starting from the initial shot:

PK	MAXIMUM TIME	MAXIMUM TIME
5	39 min 05 seg	09:09
10	1 h 18 min 10 seg	09:38
15	1 h 57 min 15 seg	10:27
20	2 h 36 min 00 seg	11:06
25	3 h 15 min 25 seg	11:45
30	3 h 54 min 30 seg	12:25
35	4 h 33 min 25 seg	13:03
40	5 h 12 min 40 seg	13:42
FINISH LINE	5 h 30 min 00 seg	14:00

RESULTS

The results of the GENERALI Malaga Marathon will be published on the ace website, **www.generalimaratonmalaga.com** after its completion and after review by the official judges of the Andalusian Athletics Federation and the Royal Spanish Athletics Federation.

AWARDS



An **awards ceremony** will be held at the Eduardo Ocón venue for the following categories the **absolute female and male categories** (marathon and half marathon), **mixed wheelchair disabled** (marathon), **mixed physical/intellectual disabled** (marathon), Spanish male and female (marathon) **and first and first runner with a Malaga license.**

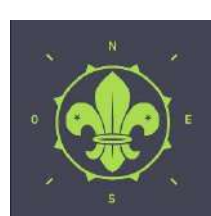
There will be no trophy ceremony for the different age groups(marathon). An identification point will be set up for the awarding of prizes will be set up in the Eduardo Ocón area. At this point, an identification point will be set up and identity must be accredited (by means of a **passport or other official document that accredits the athlete's identity**). Afterwards, access to the stage will be allowed to collect the prize, having to leave the area once collected.

VOLUNTEERS

There are several groups that will collaborate in the volunteer area of the GENERALI Malaga Marathon 2024. In total there will be **more than 850** volunteers at the service of the runners. Don't forget to thank them for their incredible work.



COLECTIVOS VOLUNTARIOS GENERALI MARATÓN MÁLAGA 2024



SUSTAINABLE EVENT



GENERALI Malaga Marathon 2024 will be run in an environmentally friendly way and to achieve this, the collaboration of each and every one of the participants is essential. For this reason, we are sending this information in order to facilitate your collaboration:

At the refreshment points there will be specific containers for the selective deposit of waste:

-At the simple refreshment posts with water, there will be **YELLOW** containers for the deposit of water bottles. These will be located approx. 100m from the last table and on both sides of the road. If you decide to keep the bottle beyond the 100m, you will have to keep it in your possession until the next provision. In any case, they must be deposited in the containers, **NEVER thrown on the ground.**

-Combined refreshment posts will be provided:

YELLOW containers, for the deposit of water bottles and isotonic drinks. These will be located approximately 100m from the last refreshment table and on both sides of the road. If you decide to keep the bottle beyond 100m, you must keep it in your possession until the next refreshment point. In any case, they must be deposited in the containers, **NEVER thrown on the ground.**

Grey containers for the deposit of leftover fruit. These will be placed behind each fruit table, thus facilitating their deposit after consumption.

At the finish line, there will be yellow and grey bins behind the refreshment line for the same use. If you also decide to get rid of your Poncho, this plastic waste must also be deposited in the Yellow Container.

Packaging waste to the Yellow Container and fruit waste to the Grey Container. Waste should be deposited in the containers, **NEVER thrown on the ground.**

Respect for the environment: The Race passes through urban spaces that must be respected for the benefit of all

OFICIAL APP

You can download it for both iOS and Android.

Name of the APP: **GENERALI MARATÓN MÁLAGA**

BRUNCH RUN



DECEMBER



11:00 H.

Route and distance:
Circuit of 5 km approximately and not homologated, with start and finish line at the height of the Runner's Fair, Terminal B of the Port of Malaga.

Collection of bibs:
The race bib and T-shirt can only be collected at **the Runner's Fair, which** will be held at **Terminal B of the Port of Malaga.**

Collection of race bibs and T-shirts at the Runner's Fair of the GENERALI Malaga Marathon (Cruise Terminal of the Port of Malaga) on the following days and times:
Friday 13 December 10:00 to 20:00.
Saturday 14th December 10:00 to 10:30.

KIDS RACE



DECEMBER



12:00 H.

CATEGORY

YEARS

DISTANCE

CHUPETINES

2019 & BEFORE

100 m.

SUB-8

2017 & 2018

250 m.

SUB-10

2015 & 2016

250 m.

SUB-12

2013 & 2014

800 m.

SUB-14

2011 & 2012

800 m.

Collection of race bibs and T-shirts at the Runner's Fair of the GENERALI Malaga Marathon (Cruise Terminal of the Port of Malaga) on the following days and times:
Friday 13 December 10:00 to 20:00.
Saturday 14th December 10:00 to 11:00.

GENERALI
MARATÓN
MÁLAGA



A large restaurant area where you can enjoy a gastronomic offer that allows you to load up on carbohydrates.

Vegetarian options included.

All at popular prices!

Experience the marathon spirit like never before with the best local bands and DJs from Málaga!

Near the Runner's Expo (Cruise Terminal)

Food Trucks offering delicious options at affordable prices.

15:00 – 18:30

Get pumped with the best local
DJs:

Tony Martín
DGM Tennessee
David GRC

Live performances by amazing local bands:

Xsiacaso
Rubén Line

SATURDAY, DECEMBER 14

12:30 – 18:30

Rock Day! Enjoy the best tribute bands to legendary groups:

U2 Live (U2 Tribute)
Depeche Mode
Red Zeppelin (Led Zeppelin Tribute)
Los Escarabajos (The Beatles Tribute)
20th Century Band
TNT (AC/DC Tribute)
Free Entry

YOU ROCK MALAGA

13-14 DIC 2024

GENERALI MARATÓN MÁLAGA

FRIDAY 15:00H VIERNES

SÁBADO 12:00H SATURDAY

DJ DAVID
DJ DEY-G
TONY MARTIN
XSIACASO
RUBENLINE

GRUPOS TRIBUTOS \ TRIBUTE BANDS

U2 LIVE TRIBUTE
DEPECHE MODE
RED ZEPPELIN
LOS ESCARABAJO
20TH CENTURY BAND
ACDC

ENTRADA LIBRE
TERMINAL DE CRUCEROS, MÁLAGA

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WWW.GENERALIMARATONMALAGA.COM | **@MARATONMALAGA**

**Don't miss YOU ROCK MÁLAGA and feel the energy of live music from our city!
See you there!**

WE HOPE YOU ENJOY
OF OUR RACE AND OUR CITY

WELCOME TO GENERALI MARATÓN MÁLAGA 2024

EN LA
VIDA
COMO EN EL
DEPORTE,

 **GENERALI**
MARATÓN
MÁLAGA 



VALORES

15 DICIEMBRE 2024



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 **GENERALI**